

# Seeking Connections, Seeking Solitude: Pandemic Challenges

By Sue Janty, Hornblower Committee

As we head into our third “Covid Spring,” coping with the demands and longevity of this pandemic can be challenging. Some are managing young families while juggling demanding jobs, worrying about parents and without time for self-nurturing. Others are elderly and living alone, while still others are single with a new job at a time when getting to know coworkers can be challenging. Isolation and feelings of loneliness are not uncommon, even when surrounded by a house full of family members.

Social media has been a convenient way

of connecting for some. However, it can also exacerbate feelings of loneliness and inadequacy because postings tend to promote “superficial happiness.” This form of communicating contrasts with the very thing we’ve lacked: in-person gathering, which can be more balanced, interactive, authentic and nurturing.

Of course, the national news media overflows with opinions about the pitfalls of isolation and ways to manage it, including tips to ensure one isn’t drinking too much, despite an increase in alcohol

sales, especially for women. Other articles discuss ways of maintaining friendships when working from home while simultaneously supporting children who are also home participating in on-line school. The range of so-called solutions is varied and wide.

While the Dudgeon Monroe Neighborhood is a microcosm of the national experience, we have the advantage of living close to one another. Many of us walk, allowing for easy in-person interaction.

*continued on page 9*

## DMNA Annual Meeting

**Sunday, April 24, 2022 at 1:30 p.m.**

**PREDOLIN HALL,  
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***If Covid-19 restrictions prevent large gatherings, this program will become virtual-only.***

### • Business Meeting

• **Program:** Teri Venker, a volunteer docent and researcher for the Madison Trust for Historic Preservation will help us learn about the Indian mounds around Lake Wingra, the people who developed them, how to find them, and the man who lived on Monroe Street who spent his life advocating for their preservation statewide.

## Indian Mounds in Our Midst

By Teri Venker

Early settlers of European descent referred to our current Lake Wingra as “Dead Lake”, because it was not part of the Yahara River flow; the lake is spring fed. However, Indigenous People considered Lake Wingra sacred because in Woodland Indian cosmology, water sources are considered portals to the underworld. This view helps explain why Indigenous People built over 200 Indian mounds around this relatively small lake.

Mound building began in Wisconsin around 800 BCE in conical and later linear shapes, and from roughly 700-1200 CE Woodland Indians created effigy mounds in the

shapes of animals, birds and water spirits. People created the mounds usually on elevations overlooking or near water. Although we do not know exactly why the mounds were built, some are known to contain burials, and archaeologists consider all to have had spiritual and ceremonial significance.

*continued on page 8*

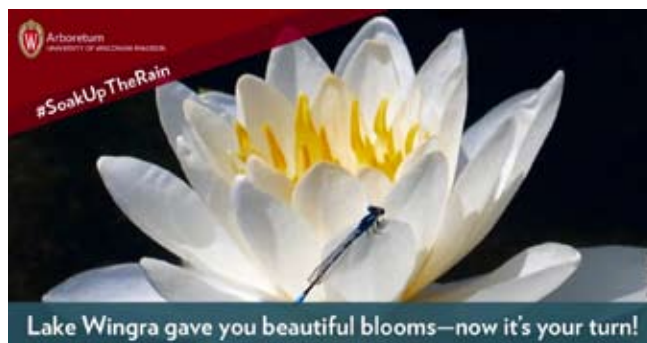


Photo by Richard Hurd

*see page 9*



## Spring 2022

The Dudgeon Monroe Neighborhood Association's Hornblower is published four times a year to inform neighbors about the activities of the association.

Article deadline for the next issue:  
May 8

Contact Carole Kantor  
[Hornblower@dmna.org](mailto:Hornblower@dmna.org)

Advertising design changes due  
May 6

Contact Carole Kantor  
[Hornblowerads@dmna.org](mailto:Hornblowerads@dmna.org)

Next issue delivered:  
early June

Past Hornblower issues available at  
[www.dmna.org](http://www.dmna.org)

Sign up at [dmna.org/dmnanews](http://dmna.org/dmnanews) to  
receive emails about DMNA events

### DMNA Officers:

President: Diego Saenz  
[president@dmna.org](mailto:president@dmna.org)

Vice President: Shawn Schey  
[president@dmna.org](mailto:president@dmna.org)

Treasurer: Dennis Trest  
[treasurer@dmna.org](mailto:treasurer@dmna.org)

Secretary: Catherine Jagoe  
[secretary@dmna.org](mailto:secretary@dmna.org)

## 2022-23 DMNA Officer Nominations

President - Diego Saenz

Vice President - Shawn Schey

Secretary - Catherine Jagoe

Treasurer - Dennis Trest

# President's Message

By Diego Saenz

As I write this, I am hoping that we will receive enough snow to have a successful snow sculpture competition. The contest has expanded to five neighborhoods this year and there has been great support and engagement. Fingers crossed we get enough snow to pull it off, although I have to admit that I have enjoyed the minimal shoveling that has been necessary this winter. I am also seeing the number of Covid cases drop very quickly. As I try to put myself in the mindset of spring, I am optimistic that we'll be starting to put the days of life being driven by Covid behind us. We are optimistically planning for an in-person annual meeting (with a backup using Zoom just in case) and I am personally hoping to do more in-person activities.

Thinking about being more connected brings me to the neighborhood directory,

which we are planning to print again this year (our last directory was printed in 2018). I encourage everyone in the neighborhood to update their information or provide it for the first time if you haven't provided it before. I'll admit I was somewhat skeptical of a neighborhood directory at first. However, it has proved its usefulness to me many times over, most notably while working as an election official. It was the neighborhood directory that enabled us to contact voters who had forgotten to sign their ballots or had other missing information, ensuring that their votes could be counted.

The events of the past few years have allowed us to reflect on our perspectives. What we have today isn't guaranteed tomorrow. May we look forward with renewed gratitude for the blessings of the present.

## Membership Drive Results

By Kathy Engebretsen, Membership Committee Chair

We are pleased to report final numbers from the fall membership drive. A total of 756 residents paid dues of \$12, yielding \$9,072. We are grateful to many who donated more - \$3,116, which will help DMNA as we move into the coming year, hopefully with activities we have sorely missed.

Thanks to Marie Nitschke and Marcia Diamond who helped me enter new contact information which we were not able to update last year. The form can be

accessed on our website for those who forgot to submit their hard copy, have had a recent change since fall or moved in and completely missed a block captain visit. Exclusions in any category you indicate will be noted by those in charge of the neighborhood directory, which will be distributed to all residences in Dudgeon Monroe.

Visit <https://dmna.org/memberform> to enter your information for the neighborhood directory.



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# Southwest Path Etiquette

By Michael Schneider, Transportation Committee Chair

Be on the lookout for new etiquette signs along the Southwest Path in 2022. This is part of the City of Madison's effort to expand their path etiquette outreach program. Throughout the year the DMNA Transportation Committee will encourage residents to demonstrate proper etiquette to ensure all users feel comfortable. To start off here are a few reminders:

- Treat all path users with respect and courtesy regardless of the mode, speed or skill level.
- Whether walking, biking, jogging or skating, stay on the right side of the

path except to pass.

- Pass others on the left when safe. Cyclists – give an audible warning (“passing left”) before passing at a slow enough speed to avoid other path users.
- Faster users must yield to slower users.
- Use a light and/or reflective clothing at night.
- Always look behind you before changing positions on the path, whether moving left to pass, right to stop, or turning around.

Have a safe walk or ride!

## Be Ready To Vote April 5

The nonpartisan spring election is a pale shadow of the very political fall election, but it elects important state and local officials who keep our local governments humming—or not. This year judicial contests, three Madison School Board positions, and Dane County Board member slots will headline the ballot. The ballot specifics will be posted mid-March.

MyVote.wi.gov, cityofmadison.com/clerk and lwvdanecounty.org/voting have succinct, well-organized information. They include how to register, how to vote ab-

sentee, early voting, identification needed, where to vote, candidates' positions on issues, and phone numbers for additional information; they overlap but each is unique.

Please check your registration and absentee voting status on the My Vote site. District 13, Ward 71 voters vote at Wingra School, but Covid guidelines may require changes. A court contest about drop boxes may change their availability too.

**See you at the polls, citizens!**



Suzy Wikler, age 7, was delighted and proud to have been quoted in the winter issue of the Hornblower.



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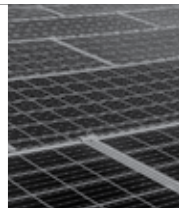
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# Winter Fun for All in Dudgeon Monroe

The annual winter solstice bonfire was held in the council ring at Glenwood Children's Park on December 21. Thanks to the organizer Annie Balch, the volunteers and participants for making it a fun and safe event. Special thanks to Madison Chocolate Company for providing the hot chocolate.



Neighbors gather around the bonfire at the 2021 Winter Solstice event.  
Photo by David Macasaet

# Drawn to Glenwood Children's Park

By Linell Davis, Hornblower Committee

Annie Balch and her husband Sam met in Madison but did not move into the neighborhood until 2020 when their employers in California gave consent for them to work remotely. Sam knew exactly where he wanted to live as he was familiar with the neighborhood from his childhood. Annie quickly volunteered to co-chair the Parks and Gardens Committee with Sandy Stark. Since then she has helped with a survey about how people use Glenwood Children's Park and took the lead in ar-

ranging the successful 2021 winter solstice bonfire event. Annie says she enjoys working with Sandy and appreciates the knowledge, commitment and enthusiasm of the other volunteers she has met.

Annie and Sam are expecting their first child soon, well before the summer solstice for which Annie already has some ideas. The neighborhood feels like home, she says, so she wants to keep working to make it the perfect place to raise her child.

# Snow Much Fun!

Billy Daniels, chair of the DMNA Social Committee, announced that the snow sculpture competition has returned for its second year, and grown even bigger. This year, five near west neighborhoods are participating in the competition for the 2022 season. Prizes of \$100 for winning each category have been sponsored by Sprinkman Real

Estate, Orange Tree Imports, and some of the participating neighborhoods.



To encourage participation from younger members of the community, we have also added specific categories for entries from children under 16. You can find pictures and winners of the contest on the website: <https://dmna.org/Snow2022>

# Social Justice, Solidarity in Age of Uncertainty

We live in uncertain times. The global effects of climate chaos are in the news every day, pandemic pressures ebb and flow, and political/social unrest and division are apparent in many countries, including our own. New York Times columnist David Brooks looks at our country and writes, "America Is Falling Apart at the Seams." <https://www.nytimes.com/2022/01/13/opinion/america-falling-apart.html>

We cannot solve these problems through our neighborhood association, but what might it look like for America to fall apart in our neighborhood? Weather crises, supply chain crises, drought and crop failures; it may be prudent to prepare for local resilience while we have the time and resources to do so. The Social Justice Committee is looking into actions we can take to provide for a socially just response to potential emergencies. Please contact SJC

co-chair, Dave Leeper, at [daveleeper@gmail.com](mailto:daveleeper@gmail.com) if you are interested in working on this project.

The Social Justice Committee is a forum for Dudgeon Monroe neighbors to explore and educate ourselves and our neighborhood on issues of social justice. We have dealt with redlining and race, recycling, plastic pollution, affordable housing and homelessness, refugees, the Green New Deal, and food insecurity in our neighborhood schools. If you see a social justice issue you are concerned about, bring it to our committee and we will explore it together seeking education and action.

We meet quarterly and our next meeting will be April 27, 2022 at 4:30 p.m. by Zoom. Contact Dave Leeper or co-chair Lissa Koop at [lissakoop@gmail.com](mailto:lissakoop@gmail.com) to request a Zoom link or raise a new issue for our consideration.

## Back in Badgerland

By Eric Anderson

We are new to Dudgeon Monroe but not to Madison or Wisconsin. My wife, Tiffany, grew up in and around the city and I am from Kenosha County. We met at the Vilas Park picnic shelter while at the UW-Madison, we married in Madison, had our wedding reception at the InnTowner, and we honeymooned in Door County.

After we graduated our job changes took us to St. Paul, Chicago, Virginia, and most recently, New Hampshire. A tight housing and an even tighter rental market in New England led us to look for opportunities elsewhere. And we had been imprinted with all the good things about Madison, so naturally we started looking here.

Almost all our home shopping and buying was done remotely. When we did visit in-person, we were glad to find that the neighborhood, despite being close

to so many things, was calm and quiet. Well, except on game days! Dudgeon Monroe has a great texture that we enjoy as we explore different styles of architecture, different kinds of landscaping, and so many kinds of trees. We appreciate the variety of neighbors that range from families with young children to retirees, those that are relatively new to those that have lived here for decades.

We love being able to walk to things: both normal places like the library, restaurants, and shops and special destinations like Lake Wingra, our alma mater, and Vilas Zoo. There seems to be an emphasis in Wisconsin on accessibility: a free zoo, for example, and an affordable, top-notch university system. For us, that meant we could buy a home. We are encouraged by the continued building in Madison and hope that investment will expand access to the area.



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# Neighborhood News Briefs

By Sonia Newmark, Hornblower Committee

## First Fridays

With music, special food and drink, games, and sales, First Friday on Monroe runs on the first Friday of each month,

from 4:00-7:00 p.m. Restaurants and businesses are offering First Friday specials: **Basecamp Fitness** (1730 Monroe St.) offers a \$100 discount on a 10-class pack, **Orange Tree Imports** (1721 Monroe St.) hosts a Sip & Spin event where a percentage of sales is designated to a featured charity, and **Bloom Bake Shop** (1851 Monroe St.) is open late for their Tiny Bakery Concerts. These concerts are ticketed “pay what you can” events featuring local musicians where all of ticket proceeds will go to the musicians, while Bloom will be offering A Party to Go Mystery Pastry Box and Youngblood Beer for sale. On past First

Fridays, **Sunne Boutique** (2534 Monroe St.) offered a flash sale, **Trend Boutique** (1639 Monroe St) and **Hive of Madison** (1904 Monroe St.) had sales as well, and **Good Day Shop** (1925 Monroe St.) had special chocolates to sample and buy. As the weather warms, and this event grows, come out and stroll Monroe Street on the First Friday of every month!

## Openings

**The Trend Boutique** (1639 Monroe St.) is now open. Trend is a family-owned women’s clothing boutique with casual, up-and-coming and trendy fashion for ages 17-65. Trend Boutique has been in Viroqua for 2 1/2 years, and opened their second location on Monroe St. in early November. The inventory changes regularly, you can shop/browse their website, and follow them on social media.

**Destination Bicycle** (2602 Monroe St.) is planning to open this spring. They will be a service-focused, mechanic owned and operated bicycle shop providing professional service, quality products and advice, to help everyone enjoy cycling.

## Closings

**Rupert Cornelius** (1717 Monroe St.) is closed, after many years on Monroe Street.

*Thanks to Orange Schroeder*

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# The Monroe Street Farmers' Market is back in 2022!

The 2022 Monroe Street Farmers' Market will run May 1 through October 30 on Sundays from 9:00 a.m. until 1:00 p.m. in the Edgewood High School parking lot. There is ample free parking available to all market visitors.

Sign up for their weekly newsletter to stay apprised of 2022 market events, new vendor updates, and relevant news: <https://www.monroestreetfarmersmarket.org/newsletter-signup>.

## Become a Hornblower Co-editor

We are seeking a person to join the Hornblower team and work alongside the editor to generate the varied and exciting content of our quarterly print newsletter. Would you like to return to your roots as a high-school or college journalist, or take on a volunteer challenge that builds on your professional experience? Do you want to connect

deeply with the concerns and the energy of our Dudgeon Monroe neighbors and businesses? Whether you have lived here for years or only for months this could be your opportunity to learn and grow while giving valued service to our special community. To learn more reach out to [hornblower@dmna.org](mailto:hornblower@dmna.org).

### Urban Insomniac by Shawn Schey

How considerate  
of the owls to come  
and hoot their duet  
from one spruce  
to the other  
It makes lying awake  
at 4 am well worth it



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# From Our Alder, Tag Evers

**South Madison Plan:** On January 4, 2022 the Common Council approved the South Madison Plan by voting to amend the Plan allowing modest density increase in the Thorstad Concept Area. I support this change because urban infill near a major transit route like South Park St. warrants more density, to reduce carbon emissions. This also increases ownership opportunities for South Madison residents.

**Lake Monona Waterfront:** The Mayor will appoint community members to the Lake Monona Waterfront Ad Hoc Committee to oversee a design challenge process. It will seek optimal strategies to upgrade the waterfront along Lake Monona from Law Park to the northern section of Olin Park. I've submitted the names of four D13 residents.

**Truman Olson:** Negotiations with the new grocer continue and we are on track

to prevent a gap in grocery services, and to keep Pick 'N Save open beyond the terms of their current lease. More details soon.

**Traffic Speeds:** This is key to Madison's Vision Zero project to eliminate traffic fatalities. The posted limit on South Park St. is reduced to 25 mph. If you see someone exceeding the limit, especially on Monroe St., you may call the Speeders Hotline number: (608) 266-4624.

**Lake Wingra Heritage Plan:** The working group met with Larry Johns, Oneida Nation mounds expert, and Bill Quackenbush, Tribal Historic Preservation Officer for the Ho-Chunk Nation. We heard that from the indigenous perspective the history around Lake Wingra has been largely one of destruction. The group continues to meet, to enhance and protect this precious resource.

**Volunteer at MMSD:** To help with the

huge impact on our local schools. Madison Metropolitan School District issued an all-call to help keep our kids in school. MMSD needs classroom, clerical, supervision, custodial and food services support. For information and how to sign up, please go to: <https://www.madison.k12.wi.us/partnerships/volunteering>.

**Metro Transit Network Redesign:** METRO's draft plan is available for review. Mike Cechvala, the METRO staff lead for redesign presented it at the January DMNA meeting. Community engagement meetings are coming up, and a survey will seek your feedback. Complete information is at: <https://www.cityofmadison.com/metro/routes-schedules/bus-rapid-transit/transit-network-redesign>.

As always, for any questions or concerns, please contact me at [district13@cityofmadison.com](mailto:district13@cityofmadison.com) or 424-2580.

## Indian Mounds *continued from page 1*

HISTORICAL MOUNDS were mapped all over Wisconsin, but the largest number of effigy mounds existed and are still extant in this DeJope (Four Lakes) region. Roads, homes and farm plowing destroyed over 80% of the mounds statewide.

Early surveyors recorded mounds along what is now Monroe Street (where it sits atop a hill sloping towards Lake Wingra,

now a commercial district) and near the current Wingra School (on a hill overlooking water and near springs).

Perhaps most astounding is that originally a glacial moraine a half mile long and about eight stories tall existed between Lakes Wingra and Monona, near the current St. Mary's Hospital. This dividing ridge contained almost 70 individual mounds. By the late 19th century, Madisonians wanted to fill in the nearby marshes, and the dividing ridge's sand, gravel and Indian mounds were hauled away to help fill in the marshlands.

CURRENT NEARBY MOUNDS include: Vilas Park above the zoo at the corner of Erin and Wingra Streets, where mounds are most easily identifiable; in Bear Mound Park, where a bear

mound is on the west side of the park; along Edgewood College Drive; in the Arboretum (maps are available at the Visitor Center and in trail head boxes); and, in Forest Hill Cemetery (see mound locations on maps on their website or at the cemetery office).

Charles E. Brown, Director of the Wisconsin Historical Society, developed decades long relationships with the Ho-Chunk People, whom he first encountered in 1908 when they were still living on the west side of Lake Wingra. Thanks to his efforts and those of the Ho-Chunk we still have mounds in our Four Lakes area.

Searching for mounds especially with young people can be very rewarding. The best time to look for them is in the fall and spring when vegetation is not dense.

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# Join us for a Lake Wingra Watershed Gathering!

*Vilas Park Shelter,  
near Vilas Zoo & Beach  
Saturday, May 21, 2022, 1:00 – 4:00 p.m.*

Meet the people committed to ensuring the health of Lake Wingra and its watershed. Learn more about water stewardship.

- Participate in fun games and activities involving Lake Wingra and its surroundings
- Engage with Indigenous storyteller Andi Cloud, an enrolled member of the HoChunk Nation
- Talk with homeowners who have planted rain gardens, converted front lawns into prairies or created berms to beautify their property and divert water from their basements and also

neighborhood greenspace volunteers who have made watershed improvements on public properties

- Learn about water management from a range of perspectives offered by engineers, developers, and non-profit advocacy groups
- Interact and exchange ideas with people from 25 organizations
- Participate in water science demos
- Enjoy art inspired by water research results

*There will be free seeds from native plants (while they last), with a chance for other prizes!*

Come for entire afternoon or for portions. Leave with new confidence that you can contribute to the health of our

Lake Wingra watershed!

A detailed schedule will be coming. For further information, contact Jake Blasczyk, [jblasczyk13@gmail.com](mailto:jblasczyk13@gmail.com)

*This event is part of an award from the UW-Madison Arboretum's 2021 EPA Water Quality Grant. Additional funding from Wisconsin Environmental Initiative (WEI), Regent Neighborhood Association, Friends of Lake Wingra and others.*

**Thanks** to Hornblower co-editor Ann Clark, and to 2022 DMNA nominating committee:  
**Lisa Grueneberg, Tracy Lewis and Daryl Sherman.**

## Pandemic Challenges *continued from page 1*

So, not to minimize the value of seeking professional help when warranted, there are some simple ways to reach out to neighbors acknowledging that we care:

1. Checking in while out walking or in the yard. "I miss you." or "How's your day going?"
2. Being aware that we all cope differently.
3. Listening: The sometimes forgotten part of conversation.
4. Allowing ourselves to be vulnerable, which sets the stage for meaningful

conversation: "I've got to be honest with you. I'm feeling overwhelmed today."

5. Most importantly, making a point to regularly contact neighbors and friends known to be struggling. Reaching out to others is also an antidote for loneliness because it acknowledges that we are not alone but are in "this" together.

Dudgeon Monroe neighbors have been there for each other in many ways during and prior to this pandemic. May this connection continue.

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National Helpline: 1-800-662-4357

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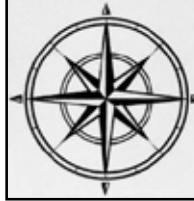
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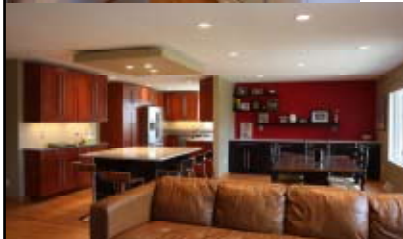
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## Dudgeon Monroe Neighborhood Association

### DMNA COUNCIL MEETINGS

March 2, April 6, May 4, June 1  
Wednesdays 6:45-8:30 p.m. on  
Zoom  
Contact [president@dmna.org](mailto:president@dmna.org) for  
link

### FIRST FRIDAYS ON MONROE STREET

See page 6

### SPRING ELECTION, APRIL 5

7:00 a.m.-8:00 p.m.  
See page 3.  
Check [www.myvote.wi.gov](http://www.myvote.wi.gov) for  
details

### DMNA ANNUAL MEETING

Sunday, April 24, 1:30 p.m.  
Location and Zoom link  
to be announced  
See page 1

### WINGRA WATERSHED GATHERING

Saturday, May 21, 2022  
1:00 – 4:00 p.m.  
Vilas Park Shelter  
See page 9

### WELCOME KITS FOR NEW RESI- DENTS

Contact Jim Marx  
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