

Back-to-school traffic safety tips for kids—and drivers

By Peg Davis

Rain or shine, wind-chill or heat alert, school-crossing guard Cece Smith is at her post at the corner of Edgewood Drive and Monroe Street during the morning and afternoon rush hours. This fall will be the fifth school year that Cece has helped kids to get to and from school safely.

Please share Cece's safety tips with your younger children and teens:

- Stop at the corner and assess your surroundings
- Pay attention to the flow and speed of traffic
- Use traffic signals consistently
- Make eye contact with drivers
- Stay off your phone while crossing the street

Cece points out that drivers (that's many of us) are also responsible for protecting young pedestrians during busy times on Monroe Street.

Here are her tips for drivers:

- Slow down when you see the blinking yellow traffic lights
- Come to a complete stop at the crosswalk
- Stay stopped until pedestrians put their feet on the opposite curb
- Wait until the crossing guard has completed crossing and signals drivers to go



Despite impatient drivers, inclement weather and some alarmingly close calls with cars, Cece says she likes her job. "I'm a former teacher, and I became a crossing guard because the position allows me to continue working as a public servant with students in a beautiful neighborhood."



Glenway Crosswalk Flags Need Volunteer

If you live in the vicinity of the dangerous Glenway-Cross Street intersection or use it frequently, please consider helping to make it safer with our crosswalk flags. They make pedestrians more visible and their intentions clear to drivers. One volunteer is moving away and a new

one is needed to work every fourth or fifth month, rotating with other members of the volunteer team. Each week, one volunteer checks flags, replaces or rebalances them. Once a year, all meet and assemble new flags. Definitely "volunteer light," but a significant contribution. Contact **Ann Clark** at 608-238-5612 to discuss.

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Fall 2022

The Dudgeon Monroe Neighborhood Association's Hornblower is published four times a year to inform neighbors about activities of the association.

Article deadline for the next issue:
November 7

Contact: Carole Kantor
Hornblower@dmna.org

Ad copy revisions deadline:
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Contact: Bobbi Schrank
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Next issue delivered:
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Past Hornblower issues available at
www.dmna.org

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Please Join us in Building an Even Better Neighborhood: Volunteer for DMNA!

By Ann Clark

Our neighborhood is the primary setting for our lives, especially with COVID and the rise of working at home. Working to enhance your—and everyone's experience by volunteering with DMNA can significantly contribute to our quality of life, and for homeowners, may also increase the value of your investment. DMNA has long been an effective neighborhood advocate, producing significant enhancements (the bike/ped path, a grocery, opposing night high school football, cross Monroe Street painlessly) and countless small improvements, but needs your help to continue to serve you well. The more help we have, the more we can accomplish. Please look over the colored insert with list of Committees for opportunities to volunteer!

Fall Membership Drive Has Begun

By Kathy Engebretsen, Membership Chair

Our block captains will visit all households in September and October to ask about updating membership information and paying the annual dues of \$12. Using PayPal, credit or debit card are efficient methods for many when using the QR code on the white membership form or printed in this newsletter. Residents of secured apartments are always welcome to join - visit our website <https://dmna.org/PayDues> to fill out contact information, pay online or mail dues to the membership chair. Our dues remain at \$12 and cover delivery of the quarterly newsletter, social events such as 4th of July gathering and Winter Solstice, maintenance of parks and gardens along the bike path and participation in the Good Neighbor Gathering in September.

This year's budget, approved in August, again provides for printing a new directory. Catherine Jagoe will be leading the project and she needs volunteers. Contact secretary@dmna.org

dmna.org. By late January the new information will be added to the database and the process could begin. Our last directory was distributed to all residents in 2018 and it has proven to be a vital resource for strengthening our neighborhood. We encourage everyone to verify that their contact information is accurate and as always, you may choose not to have your information printed.

The work of DMNA is supported by many hours of volunteer efforts. Please consider the many opportunities listed in the insert and join us in the coming year. We welcome all ages - teens were a great help during our 4th of July event and could easily serve as block captains or help to weed along the bike path. Contact president@dmna.org to offer your services as a member-at-large of the DMNA Council, and attend monthly governing meetings, if you cannot commit to a specific committee at this time.



Madison Good Neighbor Gathering 2022

Bigger and Better Than Ever!

By Jan O'Neill (DMNA), Janet Stockhausen (Greenbush), Jessie Laz-Hirsch (Baycreek)

Mark your calendar for Sunday, September 11th, noon to 5 p.m., for the “kiddapalooza” of area festivals: The Madison Good Neighbor Gathering (GNG)! For the third year, Brittingham Park will be the place for fun, food and friendship. Sponsored by seven neighborhoods (Bay Creek, Bayview, Dudgeon-Monroe, Greenbush, Monona Bay, Triangle, Vilas) and the Neighborhood House, this public event is open to all. Kids and families will enjoy a dual inflatable slide, dance classes, aerial dance, tree climbing, games, the Children’s Museum’s Roadshow, the Humane Society’s petting zoo, lots of music (including Don’t Mess with Cupid), a bike parade, food carts and much more! To keep this event free for everyone, we are collecting donations at dmna.org (click on Madison Good Neighbor Gathering and note donation is for Madison Good Neighbor Gathering.) This year 20% of all monies raised will go to Bayview, Triangle, Greenbush, and Bay Creek neighborhoods. Volunteers needed! Contact district13cares@gmail.com for more information. See you at the GNG!

Triumphant Return for the 4th of July Parade and Celebration

By Lisa Grueneberg



Photo by Jen Lucas

During the morning of the 4th of July, the DMNA Children’s Parade and Celebration returned to Wingra Park after a two year hiatus. The weather was great, and fun was had by all! The short kid’s parade, led by David Hoffert in his Uncle Sam regalia, included many beautifully decorated bikes of all kinds! Five HUGE tubs of Chocolate Shoppe ice cream were scooped and served to the hundreds in attendance. Colectivo provided cold brew and Trader Joe’s sent other cold beverages to quench our thirst. Many volunteers contributed their time and lent items to make this event a success, and we thank them, especially our many teenage helpers who ran the children’s games! Many hands made for a wonderful community event that created memories for all. Thanks also to Thrivent for providing ice and food/ beverage coordination, Dr. Benjamin Farrow for providing watermelon, and Jen Lucas for taking professional photos for DMNA. Lastly, thank you to the 4th of July organizing committee: Ann Sydnor, Lisa Grueneberg, Cassie Krause, Amy Williamson, Gail Martinelli, and Jason and Marco Mascitti. If you are interested in being on the organizing committee next year, please contact Lisa at comm@dmna.org.

With More Than a Little Help: Our WATER project is done!

by Sandy Stark and Jake Blasczyk, DMNA Team Co-Chairs

With thanks to those who, in the spirit of partnership and community, pitched in, here's a quick review.

Dudgeon School Rain Gardens, April-October 2021: We already had a solid working partnership with Wingra School and City of Madison Engineering when major storm damage called city crews away from our gardens that summer. Another contractor and extra funding, and all 1600 square feet were dug out and engineered for installation by September. Wingra School shared plant choices and design, and helped with planting on school days. Over multiple weekends, teams from UW Earth Partnership and Nelson Institute, Wisconsin Environmental Initiative, Edgewood College, and our neighborhood arrived. By October, all 1200 native plants were in—and everyone adhered to COVID protocols too!

Lake Wingra Watershed Gathering, May 2022: Guest Presenter Andi Cloud, Ho-Chunk storyteller, set the theme of water and earth stewardship, as we welcomed visitors to tents and tables at Vilas Park. Twenty-seven groups offered interactive science experiments, water art, and educational posters on diverse projects and environmental advocacy by city, county, and neighborhoods. Participants were impressed; hosts praised the time and space to engage with each other as well. Once again, community carried the day.

Saturday Community Walks, June 2022: Hosted by Madison's Catholic Multicultural Center (CMC), we supported a bilingual family tour of Wingra Creek/Gardner Marsh with Activity



At an event DMNA cohosted with the CMC staff. During water testing at Wingra Creek, Jim Lorman is showing a dragonfly nymph perched on top of his fingers.

Director Laura Green, other CMC staff and Jim Lorman, former Edgewood College science educator, followed by a beach picnic. The next week, Jake and I showed off blossoming Dudgeon School/Wingra Gardens, then nearby infiltration “test” areas with Phil Gaebler, Water Resources Engineer. Phil happily handled technicals; we covered planting details. As a team, we reinforced positive collaborations between public and private arenas in our Lake Wingra Watershed, and Phil called our Dudgeon School Gardens project a “major contribution” to their 1000 Rain Gardens Initiative, hooray!

Monroe Street Bus Service to be Greatly Improved: It is almost final; the Monroe Street route A will run a bus every 15 minutes, with good transfer connections in both the southern and the northern directions, beginning next summer. In 2024 the Bus Rapid Transit is planned to commence, further improving our service. An almost final map is available at cityofmadison.com/metro. Many details will be finalized by winter and we plan a more detailed article in the spring issue.



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About this Newsletter

The Hornblower is the official publication of the neighborhood association. We aim to share information about the ongoing interests and concerns of all our residents and businesses.

Thank you to our volunteer team of writers and reporters: Carole Kantor, editor; Ann Clark, co-editor; Linell Davis, Jake Dean, Sue Janty, Sonia Newmark. Special thanks to our new ad coordinator Bobbi Schrank, who started at our busiest time of the year.

In this issue you will find some new bylines as three neighbors have offered articles that we are sure will interest readers. Thanks Catherine Jagoe, Jeremiah Cahill and Lilia Rissman.

Finally, **Bridget O'Meara**, the professional designer who has shaped the look of the Hornblower for more than a decade is retiring. We greatly valued her flexibility and patience as she worked with our volunteer team.

Want to Know More about Dudgeon Monroe?

Visit **dmna.org** and dig into the details of our unique neighborhood at **dmna.org/history**.

Voting Matters

By Jake Dean

The fall General Election is on Tuesday, November 8, so make sure you're familiar with the candidates and your voting options.

Key offices on the ballot will be Governor, Lieutenant Governor, Attorney General, Representatives in Congress and the Senate

Make your voting plan: check that you are registered to vote at **myvote.wi.gov**.

You have three ways to vote:

Vote Absentee By Mail: If you are registered to vote at your current address, request an absentee ballot at **myvote.wi.gov**. Follow all instructions carefully to ensure your vote is counted;

allow sufficient time for your ballot to reach the City Clerk's office. You may also bring your ballot to an in-person absentee voting location or your polling place on election day.

Vote In-Person Absentee (also known as 'Early Voting'): In-person absentee voting will be available for two weeks prior to the election. Check locations at **www.myvote.wi.gov**; locations may have changed since the last election. You must bring approved voter ID.

Vote at the Polls on Election Day: Find your local polling place at **cityofmadison.com/clerk/where-do-i-vote**. Make sure your polling place has not changed since the last election. You must bring approved voter ID.



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WE SPEAK TREE

Neighborhood News Briefs

By Sonia Newmark, Hornblower Committee

Saturday, September 24th is the 44th, biggest ever, **Monroe Street Festival!**

All day and all along Monroe Street you will find sidewalk sales, food specials in restaurants, bars and bakery, musicians and dancers, demonstrations and activities.

Visit monroestreetfestival.com

The Monroe Street Public Library book sale will be open from 9:30 a.m.- 4 p.m., with great bargains on gently used books, CDs and DVDs.

Sunday, October 30th will be **Trick or Treat on Monroe Street** and the **Monroe Street Dog Costume Parade**.

Friday, November 4th enjoy an evening on Monroe Street for Gallery Night. Featured artists, demonstrations and receptions, special menu items in your favorite, or as yet undiscovered places.

Saturday, November 26th is **Small Business Saturday**. Come show your support on Small Business Saturday. The businesses will be showing their appreciation with promotions that may include a prize drawing for a gift card to a Monroe Street business.

First Fridays, "Explore. Shop. Eat.!" This monthly event continues to grow, come down and join the festivities. Many of your favorite businesses are open later, offering wine and snacks, and other incentives. Orange Tree Imports donates 20% of their sales from 5:00 - 7:00 p.m. to a designated charity, and has additional chances to win prizes.

Monroe Street Themed Boxes: Garth, from Garth's Brew Bar (1726 Monroe Street) spearheaded a local charities/non-profits fundraiser, collecting donations for Pride Boxes, the first of six "Theme Boxes" for charities. Each Pride Box contained gift certificates and items from 16 locally owned Monroe Street businesses. The boxes were then sold, picked up at Orange Tree Imports, and raised \$2,000 that was donated to GSAFE, a Madison organization that creates just schools for LGBTQ+ youth in Wisconsin.

OPENINGS

Artsy Fartsy (1717 Monroe St.), a mother and daughter who have had a cart at the Farmer's Market, for years, will be opening their shop in September in the former Rupert Cornelius space.

Bonner Physical Therapy and Clearpath Counseling and Wellness are two separate, collaborating businesses, now open and taking clients at 1934 Monroe Street. Bonner Physical Therapy, owned by Autumn Bonner, DPT, CYT, specializes in holistically treating chronic pain, women's health issues, and movement and mobility disruptions. Clear Path Counseling and Wellness is owned by Kristen Radtke, LPC, CMI, CPT, a Licensed Professional Counselor specializing in treating adults, adolescents, couples and families using Sensorimotor Psychotherapy and Internal Family Systems Therapy.

Free Movie Night, Fridays at Chocolate Shoppe Ice Cream (2531 Monroe Street) continues, starting at 6:30 p.m., and if weather permits, running through October.

Garth's Brew Bar (1726 Monroe Street) is extending their hours, and will be opening earlier in the day, offering espresso, drip and pour-over coffee. Check out their Fall Festival themed beer box and a beer advent calendar box in December. Details on their website and newsletter.

Kettle Black Kitchen (1835 Monroe Street) is now offering a weekend brunch.

Crescendo Espresso Bar (1859 Monroe Street) sadly is closing but happily announces a new and still secret future for the space. Stay tuned for the big reveal.

*Compiled by Sonia Newmark,
thanks to Orange Schroeder*

The Faces of Monroe Street

With this issue, the Hornblower begins a series of profiles of businesspeople who make Monroe Street such a special destination. This series picks up 13 years after the 2009 book and exhibit titled "Portraits of Monroe Street", developed by Carol "Orange" Schroeder who is the co-founder of both Orange Tree Imports (1721 Monroe Street) and the Monroe Street Merchants Association. At that time she said the project "gave me a great sense of respect and affection for the personalities that make up our retail community."

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Meet The Fit on Monroe

by Catherine Jagoe



Rebecca and Jeff Liggon

“To help people be something more than they thought they could be” was Jeff Liggon’s motivation when he and his wife Rebecca Liggon started The Fit in 2008. Initially located next to Neuhauser Pharmacy, The Fit is now at 1709 Monroe Street, next to the library. “Most of us see fitness as an afterthought rather than essential to a successful life,” he said. “But it can be the basis of a transformational experience from which to grow in every facet of life. A balanced approach to fitness can help one create a balanced approach to life. I thought that I could have that mission and make a living doing so.”

Raised on Long Island, Jeff has a long history and deep qualifications in exercise physiology. He double-majored in Exercise Sciences and Sociology at Tulane, where he played football. He then became the strength and conditioning coach for the University of Colorado-Boulder football team. Rebecca is a pharmacist and group exercise expert, with an interest in hip mobility and pelvic floor health.

The Fit offers semi-private training and small-group fitness classes for adults and teens. Their focus is on “functional fitness,” a holistic concept that includes not only acquiring the strength and technique to perform movements in daily life easily, but also nutrition, breathing, posture, stretching and meditation, which all contribute to wellness. Among its clients, The Fit is beloved for fostering supportive

community and mind-expanding conversations about current events, philosophy, racial and social justice. Several current clients report their chronic injuries improved. Matt Ginder-Vogel, who has trained there since 2019, says “the regular

strength and conditioning have relieved my lower-back pain.”

Like small businesses everywhere, The Fit took a severe hit during the pandemic. They rapidly switched to daily Zoom sessions—a huge challenge, since Jeff and Rebecca had to learn new technology and record hundreds of videos while home-schooling their four children. They continue to offer online as well as in-person training.

Now, Rebecca says, “The Fit is struggling to survive ... The pandemic has really stressed our model of higher quality and lower numbers. We may need to be a leaner version of ourselves, focusing on quality training, and start fitness testing.”

Ultimately, Jeff says, “The community will be instrumental in our success or demise.”



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Preserving The Beauty of Lake Wingra

By Schawn Schey, DMNA Vice-president

Lake Wingra is a truly unique and special asset that helps define Madison's quality of life. We live in an urban center, yet Lake Wingra allows us ready immersion in nature. As the city grows, we need sensitive development to ensure the vistas in this natural oasis remain as unmarred as possible.

The Lake Wingra Heritage Plan Working Group advocates for protections to ensure current and future generations enjoy a healthy lake and a natural respite within the city. The group is exploring potential mandates for development to include nature-friendly color palettes, glass, lighting, and other measures to limit negative impacts. They also want to have a process in



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place for rigorous review of developments to preserve the views of and from Lake Wingra.

The working group is comprised of Alder Tag Evers, Friends of Lake Wingra members, Arboretum and city staff, and citizens of Vilas, Greenbush and Dudgeon-Monroe.

Would you like to have your thoughts, concerns (and appreciation for) this city asset represented by this working group?

Share them with Shawn Schey at shawnschey@gmail.com

Weigh in on the New Madison Sustainability Plan

By Lilia Rissman, 350Wisconsin.org

For the first time in 10 years, the City of Madison is updating its Sustainability Plan. This document articulates the city's goals across a range of environmental initiatives, from reducing greenhouse gas emissions, to increasing affordable housing, to expanding green space. The public will be able to comment on the Plan likely sometime this fall. This will be a crucial moment for citizens to influence the city's sustainability goals and ask for mechanisms for accountability.

The updated plan appears to be a significant improvement over the city's 2011 plan. The update includes

more targeted and actionable goals and proposed metrics for evaluating progress, such as:

- The proportion of electricity for city buildings coming from renewable sources like wind and solar
- Greenhouse gas emissions from city vehicles
- Miles of bike paths

Citizens have an important role to play in influencing the city's goals. For example, Madison's current goal is to achieve net zero emissions community-wide by 2050; is this ambitious enough? Citizens also play an important accountability role; awareness of the

city's proposed metrics will allow citizens to assess whether the city is on track to meet its goals. The new Plan will set the stage for the city's sustainability efforts over the next 10 years, a crucial window for preventing the most devastating impacts of climate change.

Check cityofmadison.com/Sustainability/index.cfm to find out when the Plan will be ready for the public to submit comments. For more about the Sustainability Madison Committee, which is working with city officials to update the Plan: cityofmadison.com/Sustainability/City/sustainCmte.cfm.

Quaker Meetinghouse Renovated, Converts to Renewable Energy

By Jeremiah Cahill

From worship to weddings, concerts, community meetings and memorial services, Friends Meetinghouse has met various needs. But in recent years, members of Madison Friends Meeting (Quakers) realized that this older building needed a serious upgrade. Lengthy conversations resulted in decisions to improve accessibility, create better learning spaces, and enhance social spaces, along with attention to sustainability.

Originally constructed in 1914 for the St. Andrews Episcopal congregation, the building has been used by several other religious organizations and was purchased by Friends Meeting in 1982. Changing needs of the members, rising energy costs, accessibility requirements and ventilation concerns all factored in to renovation planning. A major goal was complete conversion to renewable energy systems, allowing heating, cooling and electrical needs to be met without on-site use of fossil fuels.

The new energy systems include:

- geothermal heating and cooling, with ten 270-foot vertical wells drilled under the parking lot
- heat pumps and energy recovery ventilation systems
- a 20-kilowatt photovoltaic solar array on the south-facing roof surfaces, and all LED lighting

The renovation took place over a two-year period. The actual construction phase broke ground in July 2021 and completion was announced in July of this year.

In planning, one of the goals was that "Meetinghouse should be functional, spiritually uplifting, accessible and welcoming to all." In recent years more than a dozen community groups have used the facility for meetings, worship, day-long retreats, workshops and other activities. Friends value the diversity of community groups that use the space and hope to expand that usage in the upgraded facility. Members look forward to hosting "housewarming" events this fall and introducing neighbors to Meetinghouse, located on Roberts Court just off Monroe Street. For more information, visit madisonfriends.org.

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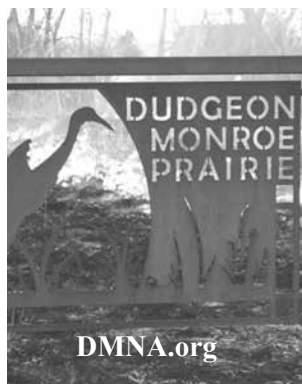
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Dudgeon Monroe Neighborhood Association

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Contact dmnanews@dmna.org

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Sunday, October 30

GALLERY NIGHT ON MONROE STREET

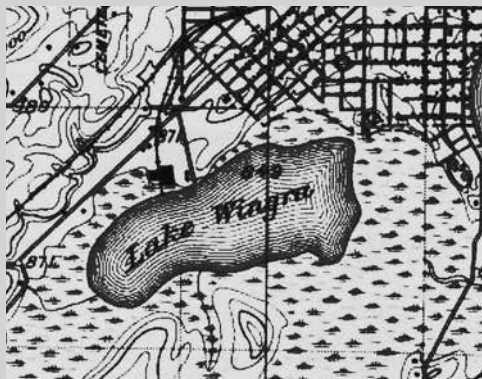
Friday, November 4

GENERAL ELECTION

Tuesday, November 8, see p. 5
www.myvote.wi.gov

SMALL BUSINESS SATURDAY

Saturday, November 2



Scan here to conveniently become
a 2022-23 member of the Dudgeon
Monroe Neighborhood Association.

WELCOME KITS FOR NEW RESIDENTS

Contact **Jim Marx**
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238-4460